



WILDERNESS FIRST RESPONDER (WFR)



The RAT-SAR WFR curriculum is primarily taught in the field and based on search and rescue response. You will be working day and night, rain or shine, assessing and caring for patients in various scenarios. Shelter-in-place, wilderness survival, navigation, and search and rescue skills may also be taught and practiced to enhance the scenarios and overall experience.

PREREQUISITES: 18 years or older. No previous medical experience required. Due to the search and rescue theme of the RAT-SAR WFR program, we suggest completing the following FEMA online free courses before attending WFR: IS-100 and IS-700.

CERTIFICATION: Students who complete all required training days and pass the final exam will receive Wilderness First Responder (WFR). Certifications are valid for two years from course completion date. WFR students will also receive CPR, First Aid and Stop The Bleed Certifications.

CLASS FORMAT: The medical curriculum is based on suggested guidelines set forth by leaders in the Wilderness Medical community.

Students are required to complete the assigned reading before arriving for the class. The on-site instruction that follows reinforces and expands on the knowledge already acquired. Since students arrive familiar with the material, on-site training can focus on wilderness and rescue scenarios and practical skills. Expect scenarios with made-up victims and simulated wounds to prepare you for backcountry emergencies. Sessions may be videotaped for enhanced learning.

REQUIRED READING: Purchase and read Wilderness and Travel Medicine, A Comprehensive Guide, 4th Edition, Eric A. Weiss, MD ISBN-10 1594856583. Please read all chapters especially the "Weiss Advice" sections. We also suggest studying the American Red Cross Wilderness and Remote First Aid reference guide.

COMPLETION GRADES: Successful completion with certification is based on 100% attendance, 100% completion of skills assessment, active participation in lectures and scenarios, and 80% on a final exam.

CLASS EXPECTATIONS and FORMAT (PLEASE READ CAREFULLY): Your full attention and participation will be required in the course. WFR is a minimum 55-hour onsite class with 25 hours of pre-course work for a total of 80 hours. Class time can exceed 12 hours a day. WFR will need your full commitment for the duration of the course.

There will be simulations in which you are required to act as patient and as a rescuer; this requires physical contact where you will touch and be touched. You should also be physically capable of lifting 50 pounds without injury. You will be reading, writing and communicating with other students.

Randall's Adventure and Training presents skills and techniques according to practice guidelines set forth by leaders in the Wilderness Medical community. Randall's Adventure and Training is not liable if you do not adhere to those standards in a field situation, nor can we authorize you to use the skills presented.

When you have successfully completed the Wilderness First Responder Course, you will receive a certification card from Randall's Adventure and Training. These cards acknowledge that you have successfully completed the required lessons and skill assessments according to established practice guidelines. It does not imply or certify you to perform these procedures. It is your responsibility to stay up-to-date with current training methods.

Certification will be valid for two years. You must recertify within this two-year period at a course specifically designed as a "Wilderness First Responder Recertification" or "Wilderness First Aid Recertification" course.

EQUIPMENT NEEDED FOR COURSE: We will spend the majority of time outdoors. You will need sturdy boots, hiking poles, backpack, headlamp, climbing helmet, safety glasses, pocket knife, personal first aid kit, watch, compass, flashlight, cyalume sticks (2), and rain gear. If you choose to camp at the training site, please bring your personal camping gear and food for your allotted course time. You will also need extra clothing to include: extra pants, shorts, t-shirts, long sleeve shirts, head wear. These extra clothes may get soiled with theater blood and makeup. Plan on discarding extra clothes due to wear-and-tear.

ABOUT THE LEAD INSTRUCTOR: Joe Esteban PA-C has 24-years' experience in emergency, surgical and wilderness medicine including work with Flight EMS, Emergency Medicine, Orthopedic Surgery, and Trauma Surgery. He currently serves as a Trauma Surgery Physician Assistant at a Level I Trauma Center and is an active Deputy Sheriff/Tactical Medic assigned to Special Weapons And Tactics. He spent several summers as a Medical Missionary in remote Central America and has treated thousands of indigent patients with little ancillary support. He is an active member of the Wilderness Medical Society (WMS), Special Operations Medical Association (SOMA), and National Tactical Officers Association (NTOA). He holds Physician Assistant licenses in Tennessee, Florida, and North Carolina and holds Certificates in Swiftwater Rescue, Rope, and Tactical Medicine. He is also a team member of RAT-SAR.

ABOUT THE CO-INSTRUCTOR: Evan Clyburn, A-EMT has over 17-years' experience as a NREMT/Advanced EMT. He holds certifications and disciplines in Advance Swiftwater Rescue, Technical Rope Rescue, Advanced Vehicle and Trench Rescue, Collapse Rescue, Tracking, SAR Tech, Tactical Medic, TCCC, Advance Open Water Diver, BLS Instructor, and Hazmat Tech. He has been an FTO for several large EMS agencies and currently works in a busy EMS system in Tennessee. He is currently assigned as an Advanced EMT, Rescue Tech, SAR/SRT Teams. He is also a Deputy Sheriff / Tactical Medic assigned to SWAT. He also assists in teaching active shooter response, handgun carry and church security. He is also assigned to a combined SAR Team for Emergency Management Agency. He is also a team member of RAT-SAR.